

grain & grill

STARTERS

Chicken Wings €11.95

Crisp fried wings, buttery hot sauce, celery & blue cheese
Contains Allergens 7, 8, 9, 10, 11, 12 Celery

Satay Prawns €12.95

Panko crumbed satay tiger prawns, wok fried vegetables & chilli jam
Contains Allergens 1 Prawn, 3, 4, 6 Wheat, 8, 9, 10, 11, 12

Wild Mushroom Pate €9.95

Black sesame, poppy seed and pistachio, onion jam and olive oil & rosemary toast (Vegan)
Contains Allergens 3, 4, 5 Pistachio, 6 Wheat, 8, 9, 12, 13

Whipped Ardsallagh Goats Cheese Salad €10.95

Marinated olives, peppers and artichokes, salad greens & sour dough
Contains Allergens 4, 6 Wheat, 7, 8, 9, 12

MAIN COURSES

Guinness Braised Beef Bavette €19.95

Pan roasted root vegetables, buttered savoy cabbage and mashed potato
Contains Allergens 4, 6 Wheat, 7, 8, 9, 10, 11, 12

8oz Irish Angus Beef Cheese Burger €17.95

Slow cooked onions, Dubliner cheddar, lettuce,
tomato & mustard mayo in a brioche bun, with triple cooked chips
Add smoked bacon €2
Allergens 6 Wheat 7, 8, 9, 12, 13

Char Grilled Chicken Supreme or Halloumi(v) €21.95/€19.95

Baked polenta, walnut red pepper salsa, tender stem broccoli and broccoli pesto
Contains Allergens 4, 5 Walnut, 7, 8, 9, 11, 12

Striploin Steak €33.95

Café de Paris butter, grilled asparagus & wilted spinach
Contains Allergens 3 Anchovy, 4, 6 wheat, 7, 8, 9, 10, 12, 13

Jerusalem Artichoke Risotto €17.95

Confit shallots, butternut squash, sage and caper crumble (Vegan without parmesan)
Contains Allergens , 6 Wheat, 8, 9, 10, 12

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Pesto Baked Monk Fish

€26.95

Draped in Parma ham, courgette noodles, saffron potatoes, garlic & lemon green beans

Contains Allergens 3 Prawn, 4, 6 Wheat, 7, 8, 9, 10, 11, 12

SIDES

Home Cut Chips €4.75

Allergens 6 wheat, 9, 12, 13

Rainbow Salad €4.75

Allergens 7, 8, 9

French Fries €4.75

Allergens 6 wheat, 9, 12, 13

Mash Potatoes €4.75

Allergens 8, 9

DESSERTS

Maldron Mess €9.50

Allergens 6 wheat, 7, 11

Chocolate Mousse €9.50

Allergens 6 wheat, 7, 11

Banoffee Pie €8.50

Allergens 9

Allergen Information

1 & 2 – Shellfish, 3 – Fish, 4 – Peanuts, 5 – Nuts, 6 – Cereal containing gluten, 7 – Milk, 8 – Soya, 9 – Sulphur Dioxide,
10 – Sesame Seed, 11 – Egg, 12 Celery and Celeriac, 13 – Mustard, 14 Lupines

Should you have any specific dietary requirements or food allergies please inform staff prior to placing your order. Our Kitchen and suppliers handle numerous ingredients and allergens, whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen free.

